ASSEMBLY BILL NO. 162-ASSEMBLYMEN BERMAN, OHRENSCHALL, CHOWNING, FREEMAN, SEGERBLOM, CEGAVSKE, WILLIAMS, TIFFANY, EVANS, GIUNCHIGLIANI, BUCKLEY, DE BRAGA, MCCLAIN, VON TOBEL, ANGLE AND KOIVISTO

## FEBRUARY 9, 1999

## Referred to Committee on Commerce and Labor

SUMMARY—Requires certain policies of health insurance to include coverage for services related to diagnosis, treatment and management of osteoporosis. (BDR 57-621)

FISCAL NOTE: Effect on Local Government: No. Effect on the State or on Industrial Insurance: No.

EXPLANATION - Matter in bolded italics is new; matter between brackets [omitted material] is material to be omitted.

AN ACT relating to health insurance; requiring certain policies of health insurance to include coverage for services related to the diagnosis, treatment and management of osteoporosis; and providing other matters properly relating thereto.

## THE PEOPLE OF THE STATE OF NEVADA, REPRESENTED IN SENATE AND ASSEMBLY, DO ENACT AS FOLLOWS:

- **Section 1.** Chapter 689A of NRS is hereby amended by adding
- 2 thereto a new section to read as follows:
- A policy of health insurance must provide coverage for services
- 4 related to the diagnosis, treatment and management of osteoporosis,
- including, without limitation:
- (a) A baseline bone-mass measurement for women 55 years of age or 6 7 *older*;
- (b) An annual bone-mass measurement for women who are at risk of
- 9 developing osteoporosis, including, without limitation, women who are
- 10 deficient in estrogen, women with vertebral abnormalities, women who
- 11 are receiving long-term glucocorticoid therapy, women with primary
- 12 hyperparathyroidism and women who have a family history of
- 13 osteoporosis; and

- (c) A regular bone-mass measurement for men who are at risk of
   developing osteoporosis, including, without limitation, men with vertebral
   abnormalities, men who are receiving long-term glucocorticoid therapy,
   men with primary hyperparathyroidism and men who have a family
   history of osteoporosis.
  - 2. A policy of health insurance subject to the provisions of this chapter that is delivered, issued for delivery or renewed on or after October 1, 1999, has the legal effect of including the coverage required by this section, and any provision of the policy that conflicts with this section is void.
  - 3. As used in this section, "bone-mass measurement" means a radiologic or radioisotopic procedure or other scientifically proven technology performed on a person to identify bone mass or detect bone loss.

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- **Sec. 2.** NRS 689A.330 is hereby amended to read as follows: 689A.330 If any policy is issued by a domestic insurer for delivery to a person residing in another state, and if the insurance commissioner or corresponding public officer of that other state has informed the commissioner that the policy is not subject to approval or disapproval by that officer, the commissioner may by ruling require that the policy meet the standards set forth in NRS 689A.030 to 689A.320, inclusive [...], and section 1 of this act.
- Sec. 3. Chapter 689B of NRS is hereby amended by adding thereto a new section to read as follows:
  - 1. A policy of group health insurance must provide coverage for services related to the diagnosis, treatment and management of osteoporosis, including, without limitation:
- 28 (a) A baseline bone-mass measurement for women 55 years of age or 29 older;
- (b) An annual bone-mass measurement for women who are at risk of developing osteoporosis, including, without limitation, women who are deficient in estrogen, women with vertebral abnormalities, women who are receiving long-term glucocorticoid therapy, women with primary hyperparathyroidism and women who have a family history of osteoporosis; and
- (c) A regular bone-mass measurement for men who are at risk of
  developing osteoporosis, including, without limitation, men with vertebral
  abnormalities, men who are receiving long-term glucocorticoid therapy,
  men with primary hyperparathyroidism and men who have a family
  history of osteoporosis.

- A policy of group health insurance subject to the provisions of this chapter that is delivered, issued for delivery or renewed on or after October 1, 1999, has the legal effect of including the coverage required by this section, and any provision of the policy that conflicts with this section is void.
- 3. As used in this section, "bone-mass measurement" means a radiologic or radioisotopic procedure or other scientifically proven technology performed on a person to identify bone mass or detect bone loss.
- **Sec. 4.** Chapter 695B of NRS is hereby amended by adding thereto a 10 new section to read as follows: 11

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- A contract for hospital or medical service must provide coverage for services related to the diagnosis, treatment and management of osteoporosis, including, without limitation:
- (a) A baseline bone-mass measurement for women 55 years of age or 15 older: 16
- (b) An annual bone-mass measurement for women who are at risk of developing osteoporosis, including, without limitation, women who are deficient in estrogen, women with vertebral abnormalities, women who are receiving long-term glucocorticoid therapy, women with primary hyperparathyroidism and women who have a family history of 22 osteoporosis; and
- (c) A regular bone-mass measurement for men who are at risk of 24 developing osteoporosis, including, without limitation, men with vertebral abnormalities, men who are receiving long-term glucocorticoid therapy, 26 men with primary hyperparathyroidism and men who have a family history of osteoporosis.
- 2. A contract for hospital or medical service subject to the provisions of this chapter that is delivered, issued for delivery or renewed on or after October 1, 1999, has the legal effect of including the coverage required by this section, and any provision of the contract that conflicts with this 32 section is void.
- As used in this section, "bone-mass measurement" means a 33 radiologic or radioisotopic procedure or other scientifically proven technology performed on a person to identify bone mass or detect bone 35 36 loss.
- **Sec. 5.** Chapter 695C of NRS is hereby amended by adding thereto a 37 new section to read as follows:
- A health maintenance plan must provide coverage for services 39 related to the diagnosis, treatment and management of osteoporosis, 40 including, without limitation: 41
- (a) A baseline bone-mass measurement for women 55 years of age or 42 older; 43

- (b) An annual bone-mass measurement for women who are at risk of developing osteoporosis, including, without limitation, women who are deficient in estrogen, women with vertebral abnormalities, women who are receiving long-term glucocorticoid therapy, women with primary hyperparathyroidism and women who have a family history of osteoporosis; and
- (c) A regular bone-mass measurement for men who are at risk of developing osteoporosis, including, without limitation, men with vertebral abnormalities, men who are receiving long-term glucocorticoid therapy, men with primary hyperparathyroidism and men who have a family history of osteoporosis.
- 2. Evidence of coverage subject to the provisions of this chapter that is delivered, issued for delivery or renewed on or after October 1, 1999, has the legal effect of including the coverage required by this section, and any provision of the evidence of coverage that conflicts with this section is void.

- 3. As used in this section, "bone-mass measurement" means a radiologic or radioisotopic procedure or other scientifically proven technology performed on a person to identify bone mass or detect bone loss.
- **Sec. 6.** NRS 695C.050 is hereby amended to read as follows: 695C.050 1. Except as otherwise provided in this chapter or in specific provisions of this Title, the provisions of this Title are not applicable to any health maintenance organization granted a certificate of authority under this chapter. This provision does not apply to an insurer licensed and regulated pursuant to this Title except with respect to its activities as a health maintenance organization authorized and regulated pursuant to this chapter.
- 2. Solicitation of enrollees by a health maintenance organization granted a certificate of authority, or its representatives, must not be construed to violate any provision of law relating to solicitation or advertising by practitioners of a healing art.
- 3. Any health maintenance organization authorized under this chapter shall not be deemed to be practicing medicine and is exempt from the provisions of chapter 630 of NRS.
- 4. The provisions of NRS 695C.110, 695C.170 to 695C.200, inclusive, 695C.250 and 695C.265 *and section 5 of this act* do not apply to a health maintenance organization that provides health care services through managed care to recipients of Medicaid pursuant to a contract with the welfare division of the department of human resources. This subsection does not exempt a health maintenance organization from any provision of this chapter for services provided pursuant to any other contract.

**Sec. 7.** NRS 695C.330 is hereby amended to read as follows: 695C.330 1. The commissioner may suspend or revoke any certificate of authority issued to a health maintenance organization pursuant to the provisions of this chapter if he finds that any of the following conditions exist:

- (a) The health maintenance organization is operating significantly in contravention of its basic organizational document, its health care plan or in a manner contrary to that described in and reasonably inferred from any other information submitted pursuant to NRS 695C.060, 695C.070 and 695C.140, unless any amendments to those submissions have been filed with and approved by the commissioner;
- (b) The health maintenance organization issues evidence of coverage or uses a schedule of charges for health care services which do not comply with the requirements of NRS 695C.170 to 695C.200, inclusive, *and section 5 of this act* or 695C.207;
- (c) The health care plan does not furnish comprehensive health care services as provided for in NRS 695C.060;
  - (d) The state board of health certifies to the commissioner that:
- (1) The health maintenance organization does not meet the requirements of subsection 2 of NRS 695C.080; or
- (2) The health maintenance organization is unable to fulfill its obligations to furnish health care services as required under its health care plan;
- (e) The health maintenance organization is no longer financially responsible and may reasonably be expected to be unable to meet its obligations to enrollees or prospective enrollees;
- (f) The health maintenance organization has failed to put into effect a mechanism affording the enrollees an opportunity to participate in matters relating to the content of programs pursuant to NRS 695C.110;
- (g) The health maintenance organization has failed to put into effect the system for complaints required by NRS 695C.260 in a manner reasonably to dispose of valid complaints;
- (h) The health maintenance organization or any person on its behalf has advertised or merchandised its services in an untrue, misrepresentative, misleading, deceptive or unfair manner;
  - (i) The continued operation of the health maintenance organization would be hazardous to its enrollees; or
  - (j) The health maintenance organization has otherwise failed to comply substantially with the provisions of this chapter.
- 2. A certificate of authority must be suspended or revoked only after compliance with the requirements of NRS 695C.340.

- If the certificate of authority of a health maintenance organization is suspended, the health maintenance organization shall not, during the period of that suspension, enroll any additional groups or new individual contracts, unless those groups or persons were contracted for before the date of suspension.
- If the certificate of authority of a health maintenance organization is revoked, the organization shall proceed, immediately following the effective date of the order of revocation, to wind up its affairs and shall conduct no further business except as may be essential to the orderly conclusion of the affairs of the organization. It shall engage in no further advertising or solicitation of any kind. The commissioner may by written order permit such further operation of the organization as he may find to be in the best interest of enrollees to the end that enrollees are afforded the greatest practical opportunity to obtain continuing coverage for health care.
  - **Sec. 8.** NRS 287.010 is hereby amended to read as follows:

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- The governing body of any county, school district, municipal corporation, political subdivision, public corporation or other public agency of the State of Nevada may:
- (a) Adopt and carry into effect a system of group life, accident or health insurance, or any combination thereof, for the benefit of its officers and employees, and the dependents of officers and employees who elect to accept the insurance and who, where necessary, have authorized the governing body to make deductions from their compensation for the payment of premiums on the insurance.
- (b) Purchase group policies of life, accident or health insurance, or any combination thereof, for the benefit of such officers and employees, and the dependents of such officers and employees, as have authorized the purchase, from insurance companies authorized to transact the business of such insurance in the State of Nevada, and, where necessary, deduct from the compensation of officers and employees the premiums upon insurance and pay the deductions upon the premiums.
- (c) Provide group life, accident or health coverage through a selfinsurance reserve fund and, where necessary, deduct contributions to the maintenance of the fund from the compensation of officers and employees and pay the deductions into the fund. The money accumulated for this purpose through deductions from the compensation of officers and employees and contributions of the governing body must be maintained as an internal service fund as defined by NRS 354.543. The money must be deposited in a state or national bank authorized to transact business in the State of Nevada. Any independent administrator of a fund created under this section is subject to the licensing requirements of chapter 683A of
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- 42 NRS, and must be a resident of this state. Any contract with an
- independent administrator must be approved the commissioner by

- insurance as to the reasonableness of administrative charges in relation to contributions collected and benefits provided. The provisions of NRS 689B.030 to 689B.050, inclusive, *and section 5 of this act* apply to coverage provided pursuant to this paragraph.
- (d) Defray part or all of the cost of maintenance of a self-insurance fund or of the premiums upon insurance. The money for contributions must be budgeted for in accordance with the laws governing the county, school district, municipal corporation, political subdivision, public corporation or other public agency of the State of Nevada.
- 2. If a school district offers group insurance to its officers and employees pursuant to this section, members of the board of trustees of the school district must not be excluded from participating in the group insurance. If the amount of the deductions from compensation required to pay for the group insurance exceeds the compensation to which a trustee is entitled, the difference must be paid by the trustee.

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