

SENATE CONCURRENT RESOLUTION NO. 9—SENATORS WIENER, AMODEI, BEERS, CARE, CARLTON, CEGAVSKE, COFFIN, HARDY, HECK, HORSFORD, LEE, MATHEWS, MCGINNESS, NOLAN, RAGGIO, RHOADS, SCHNEIDER, TITUS, TOWNSEND, WASHINGTON AND WOODHOUSE

MARCH 6, 2007

JOINT SPONSORS: ASSEMBLYMEN PARNELL, ALLEN, ANDERSON, ARBERRY, ATKINSON, BEERS, BOBZIEN, BUCKLEY, CARPENTER, CHRISTENSEN, CLABORN, COBB, CONKLIN, DENIS, GANSERT, GERHARDT, GOEDHART, GOICOECHEA, GRADY, HARDY, HOGAN, HORNE, KIHUEN, KIRKPATRICK, KOIVISTO, LESLIE, MABEY, MANENDO, MARVEL, MCCLAIN, MORTENSON, MUNFORD, OCEGUERA, OHRENSCHALL, PARKS, PIERCE, SEGERBLUM, SETTELMAYER, SMITH, STEWART, WEBER AND WOMACK

Read and Adopted

SUMMARY—Urges the public schools and school districts to preserve and strive to expand the amount of time allocated for physical activity. (BDR R-51)

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EXPLANATION – Matter in ***bolded italics*** is new; matter between brackets ~~omitted material~~ is material to be omitted.

SENATE CONCURRENT RESOLUTION—Urging the public schools and school districts in this State to preserve and strive to expand the amount of time allocated for physical education, physical activity and recess.

1 WHEREAS, Nationally, approximately 16 percent of children
2 between the ages of 6 and 19 years old are overweight, leading to an
3 increased risk for heart disease, high cholesterol, high blood
4 pressure and type 2 diabetes, and a 70 percent chance of becoming
5 overweight or obese as adults; and

6 WHEREAS, The Surgeon General of the United States has
7 stressed the importance of quality physical education for at least 60
8 minutes daily for all grade levels; and



1 WHEREAS, Recent findings indicate that both proper nutrition
2 and regular, vigorous physical activity improve academic
3 achievement and that quality physical education classes promote the
4 health, psychological well-being and healthy body weight of
5 children, which positively influences both academic learning and
6 physical activity patterns of children; and

7 WHEREAS, The State Board of Education should be commended
8 for its efforts in promoting healthy habits and establishing the
9 Statewide School Wellness Policy that, beginning with the 2006-
10 2007 school year, requires all school districts to designate at least 30
11 minutes each school day for physical activity; and

12 WHEREAS, The Nevada Healthier Schools Project, conceived by
13 Nevada Action for Healthy Kids, offers support, training and
14 resources to public schools in this State in successfully
15 implementing the Statewide School Wellness Policy; now,
16 therefore, be it

17 RESOLVED BY THE SENATE OF THE STATE OF NEVADA, THE
18 ASSEMBLY CONCURRING, That the members of the 74th Session of
19 the Nevada Legislature hereby recognize the need to include
20 physical education, physical activity and recess in public schools;
21 and be it further

22 RESOLVED, That the members of the 74th Session of the Nevada
23 Legislature hereby urge each public school and each school district
24 in this State to:

25 1. Abide by the requirements set forth in the Statewide School
26 Wellness Policy and seek the services and support of the Nevada
27 Healthier Schools Project in carrying out the Policy;

28 2. Ensure that the current amount of time allocated for physical
29 education, physical activity and recess is not reduced and strive to
30 expand the amount of time allocated each school day for physical
31 education, physical activity and recess; and

32 3. Engage creative measures to provide additional
33 opportunities for physical activity each school day with the goal of
34 ensuring that pupils do not spend more than 90 minutes at any given
35 time sitting sedentary; and be it further

36 RESOLVED, That the Secretary of the Senate prepare copies of
37 this resolution for transmission by the Legislature to the
38 Superintendent of Public Instruction, each superintendent of a
39 school district in Nevada, the president of the board of trustees of a
40 each school district and the coordinator of the wellness program of
41 each school district.

